

County of San Luis Obispo Department of Veterans Services

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VETERANS SERVICES OFFICER

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Veterans Services Partners with AmpSurf to help Veterans Be Healthy and Active

The San Luis Obispo County Veterans Services Office is proud to announce that it has formed a partnership with local non-profit AmpSurf to help local Veterans become more active, find an alternative form of physical and mental rehabilitation and to connect with other local Veterans through surfing. AMPSURF, will help provide weekly surf sessions starting Thursday May 16th from 8:30-10:30am at the Addie Street beach access in Pismo Beach.

"These sessions will not be 'surf clinics', just local veterans who surf and want to share their love of surfing with other vets." said Dana Cummings San Luis Obispo County Veterans Service Officer, and former director of the AmpSurf program.

Veterans who already surf are welcome to come and paddle out every Thursday morning, those who are interested in learning should come down and check it out. If they wish to take part they will get sized up for a wetsuit and surfboard to use courtesy of AmpSurf, and can then join the fun the following week.

After each weeks session coffee and snacks will be provided to participants courtesy of an outreach grant the County Veterans Services office received from the California Department of Veterans Affairs to reach veterans where they live, work and play and to promote those needing Mental Health services to connect with their local Veterans Service Office to help seek those services.



For more information please contact the County Veterans Service Office at 805.781.5766 or visit www.slovets.org